



# Vegetables and Grains

## Chandler

1076 W. Chandler Blvd. St. #106  
Chandler, AZ 85224  
(480) 963-6271

## Phoenix

4807 E. Greenway  
Phoenix, AZ 85032  
(602) 996-9099

## Scottsdale

4200 N. Marshall Way  
Scottsdale, AZ 85251  
(480) 945-9205

---

FAX: (602) 821-5543

# Vegetables and Grains

Asparagus with shallot butter

Herbed asparagus with Parmesan cheese

Asparagus with toasted walnut butter

Asparagus served cold with mustard vinaigrette

Baked beans

Ranch style beans

Green beans provencal

Green beans with tomatoes, white wine, lemon juice, and garlic

Green beans with pine nuts and sun-dried tomatoes

Green beans with bacon-balsamic vinaigrette

Green beans almondine

Broccoli with Parmesan cheese

Broccoli with garlic butter

Broccoli with lemon sauce

Orange glazed broccoli and carrots

Broccoli with Dijon vinaigrette

Carrots with cassis mustard and red onions

Glazed carrots

Carrots with orange and ginger glaze

Corn served with butter or cilantro butter

Corn pudding

Moussaka

Eggplant with tomato sauce, parsley, bread crumbs, and a béchamel sauce

Ratatouille

Eggplant with onion, bell peppers, zucchini, tomatoes, and herbs

Roasted ratatouille with basil aioli

Eggplant Parmesan with marinara sauce and Parmesan cheese

Double-mushroom bread pudding

Peas with pine nuts, green onions, and butter

Peas with mushrooms and fresh basil

Italian peas with onion, garlic, and olive oil

Minted peas and carrots

Rosemary potatoes

Roasted red potato wedges with artichokes and feta

Herb roasted potatoes Dijon

Roasted red potatoes with red onions

Red potato wedges with garlic and olive oil

Honey glazed red potato wedges

Onion roasted red potato wedges

Parmesan wedges with butter

Stuffed potatoes topped with cheddar cheese

Baked potatoes with bacon, sour cream, chives, and butter on the side

Basque potatoes

Sliced potatoes, bacon, tomatoes, mushrooms, garlic, and olives cooked in butter and sherry

Au gratin potatoes

Mashed potatoes

With sour cream and cream cheese

With green onions and butter

With olive oil and Parmesan cheese

With goat cheese

With roasted garlic

Scalloped with cheese

Parsley potatoes with butter

Oven roasted potatoes and vegetables

Red potato wedges with carrots, green beans, eggplant, onions, and bell peppers

Yams with butter, brown sugar, and orange juice

Sweet potato casserole with praline topping

Cider glazed sweet potatoes

Honey mustard-whipped sweet potatoes

Cranberry glazed sweet potatoes

Oven roasted vegetables with goat cheese sauce

Vegetable medley

Zucchini, green beans, bell peppers, onions, tomatoes, and corn, sautéed in olive oil

Orange glazed acorn squash

Sautéed zucchini

Zucchini and sun-dried tomatoes

Sautéed squash and red bell pepper with tarragon and honey

## **Rice**

Green chile and cheese rice with sour cream

Minted rice with orange juice

Long grain and wild rice with pecans

Pine nut and orange long grain and wild rice

Rice pilaf

Lemon rice with pine nuts, dill, and mint

Roasted vegetables with rice

Bell pepper, zucchini, yellow squash, brown rice, basil, and feta cheese

## Green rice

Tomatillos, cilantro, jalapeño, garlic, and basmati rice



